

PROJECT ECHO

A Health Share of Oregon, Columbia Pacific and
Oregon Health & Science University *partnership*

ORDC Broadband Workshop: February 2016

Why ECHO?

(Extension for Community Healthcare Outcomes)

- Initially created at the University of New Mexico to support distant rural health clinics with little access to specialty expertise
- Links specialists with primary care providers via *live video* for training and consultation
- National, urban, and rural spread in response to PCP need for help with common clinical challenges
 - Hep C, Addictions / Mental Health, Chronic Pain, Rheum...
- Major goal: expand the capacity to safely and effectively treat chronic and complex diseases frequently found in primary care

Benefits of ECHO

- Allows PCPs to increase their knowledge and skills in areas that challenge them
 - Primary care providers/teams have regular access to “tele-mentorship” from specialists
- Decreases barriers to care; de-monopolizes knowledge
 - Reduces access problems for patients; expands scope of PCP, reducing need for sending patients “out”
 - Fosters collegiality and collaboration and improves professional satisfaction
 - Reduces provider isolation
- Promotes evidence based standards of care for better population outcomes

What do weekly Project ECHO clinic sessions look like?

- Short specialist-delivered ~ 15-20 min didactic presentations (CME provided)
- Primary care physician-delivered real-time case-based presentations (1-2 each session)
- Patient co-management with the specialist and the primary care colleagues participating in the video conference.
 - PCP presents case, questions and recommendations elicited from PCPs and specialist, summary of recommendations provided, follow up presentation date planned
- Specialists' recommendations are provided in written format
- Specialists are available for urgent questions or issues outside of the video conferencing sessions



ECHO Specialty Clinics Today

This model is being used in 19 specialty areas throughout the United States in these areas:

- Chronic pain and headache management
- Dementia care
- Diabetes and cardiovascular disease
- Hepatitis C
- HIV/AIDS
- Integrated addictions and psychiatry
- Palliative care
- Rheumatology
- Women's health/genomics
- Complex care

Why is Health Share, Columbia Pacific and OHSU Sponsoring ECHO?

By supporting the creation of the first ECHO tele-mentoring clinic, we hope to:

- Reduce barriers to specialty consultation for primary care around common clinical challenges
- Introduce Oregon to a proven new technology that can help “transform” delivery system relationships in multiple communities
- Increase the resources available to primary care providers to improve both professional satisfaction and patient outcomes

Experience to Date (1st Cohort)

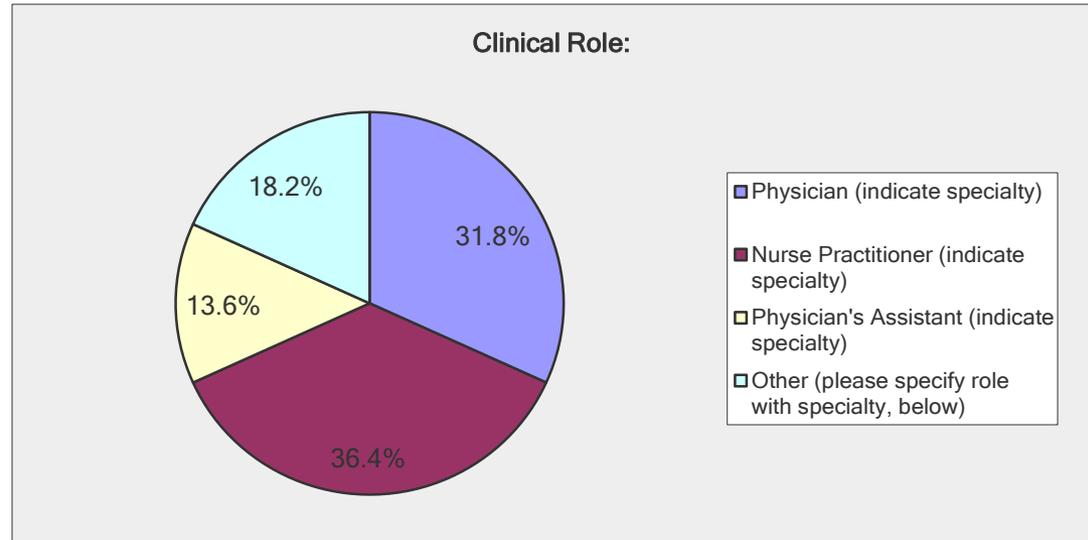
Operations Cases

- Launched September 2014
- 52 new case presentations
- 3 follow up presentations
- Cases are becoming increasingly more complex as ECHO matures
- Cohort 2 includes clinics associated with Columbia-Pacific CCO

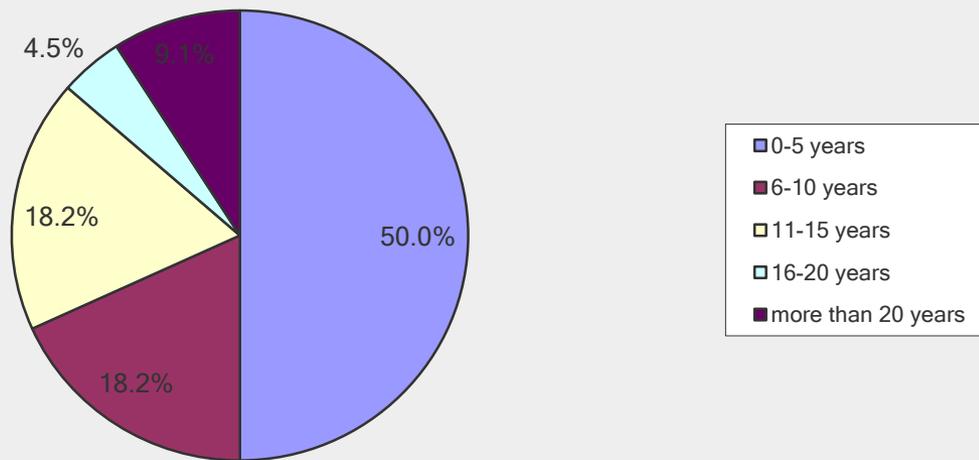
Our Partners



OHSU ECHO Participants Are...

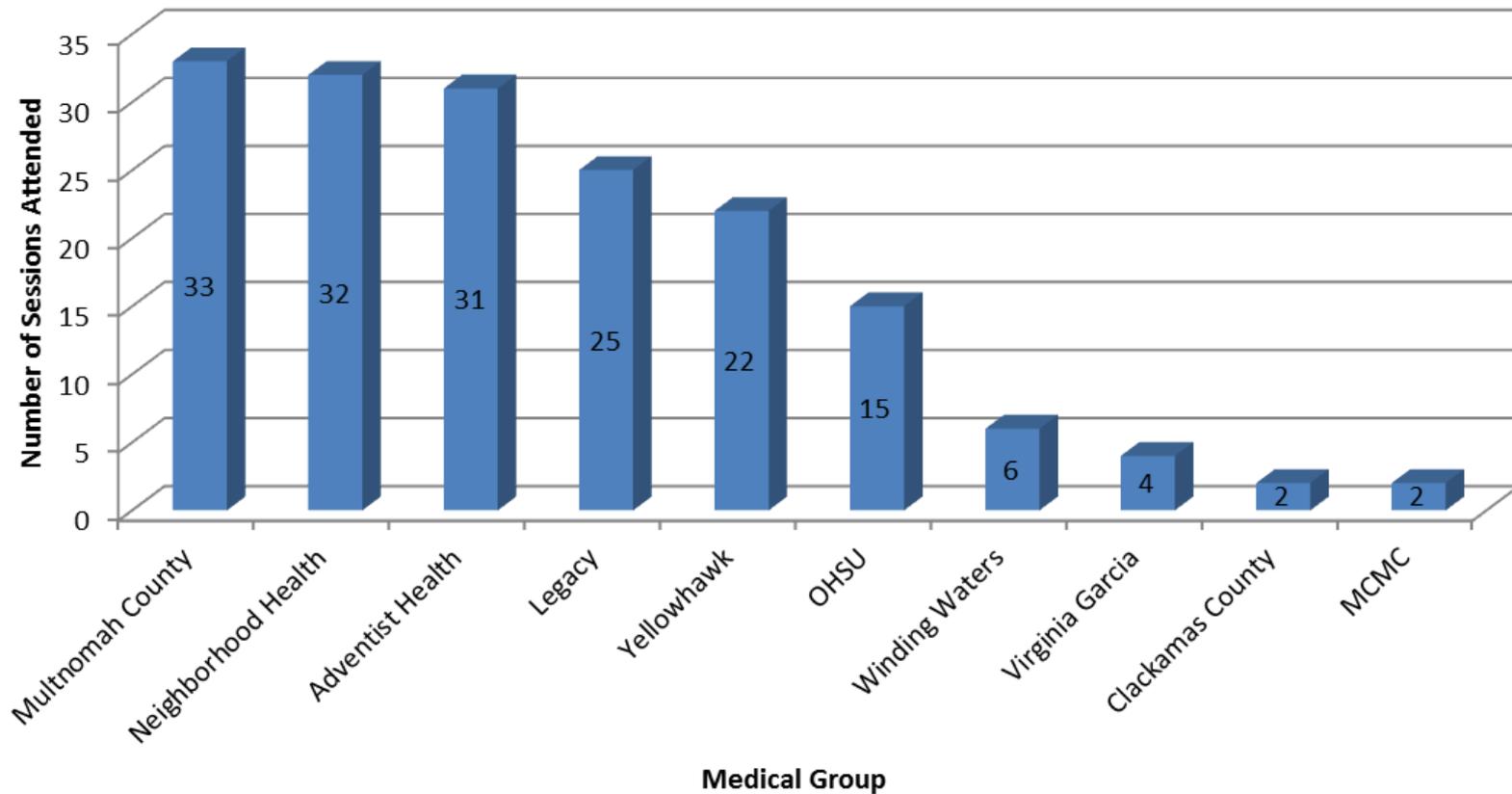


Number of years in practice at your current level of training:



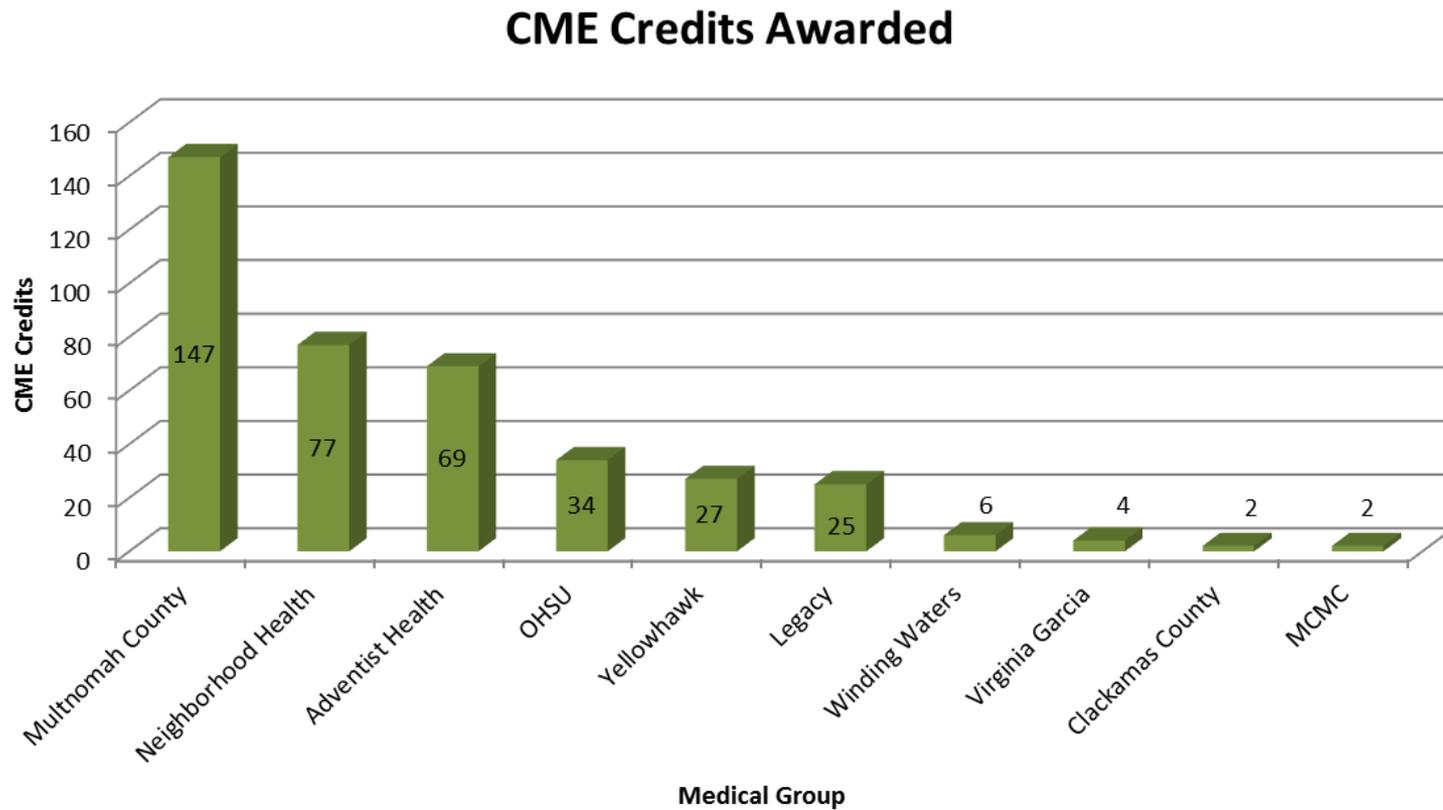
Operations

Participants (at least one per site)

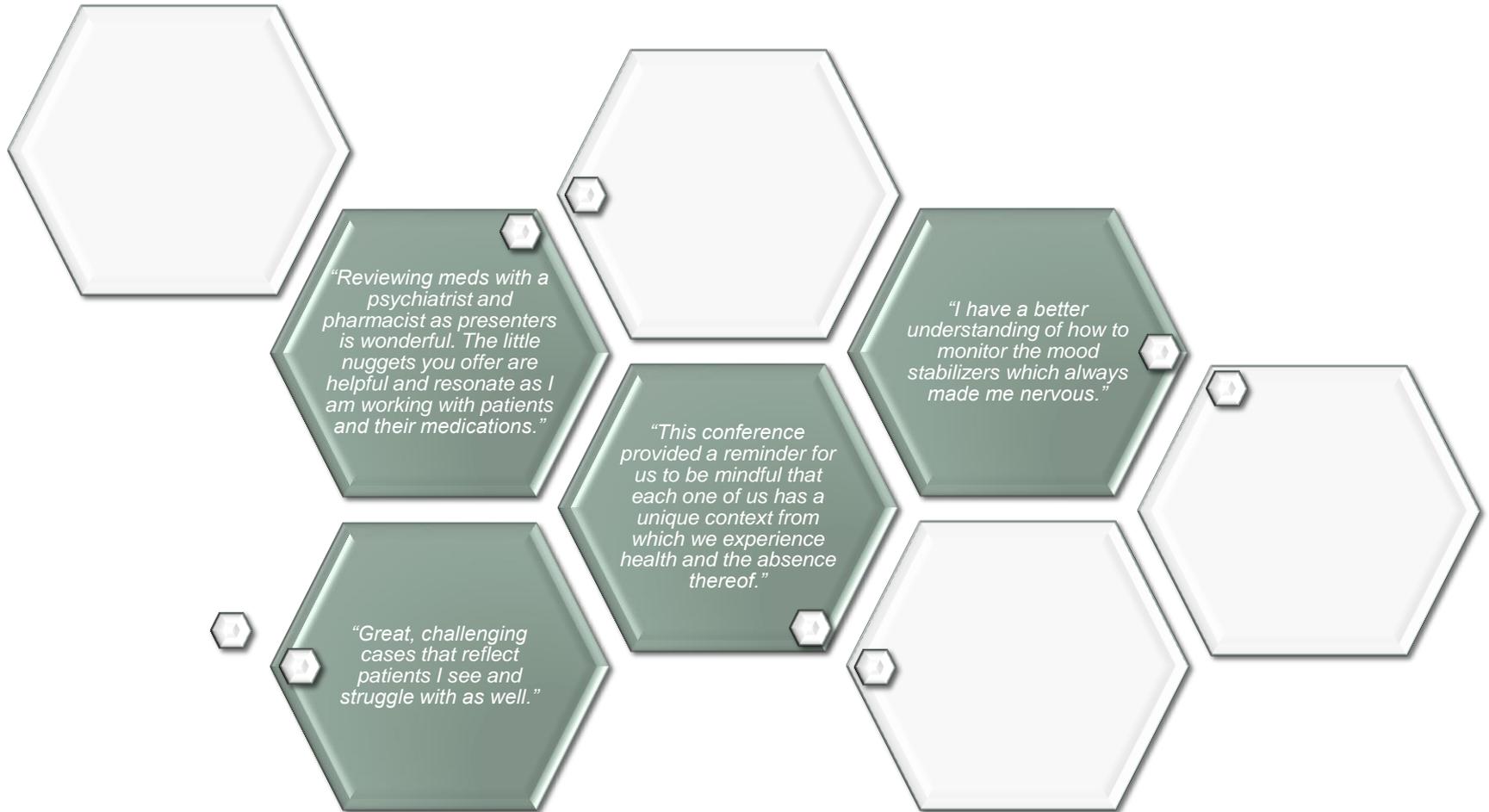


Operations

CME Awarded



OHSU ECHO Comments...



Thank You!!!

For more information please contact:

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